



This directory is compiled by the Senior Services Committee of the League of Women Voters of Oak Park and River Forest in order to facilitate the search for in-home respite care. The League of Women Voters is a nonpartisan organization that encourages the informed and active participation of citizens in government and influences public policy through education and advocacy.

As an advocate for older adults, the League of Women Voters of Oak Park and River Forest has developed this directory as an effort to help caregivers locate agencies offering in-home respite care. The purpose of respite care is to give caregivers some time off, or a respite, from their daily responsibilities.

The League DOES NOT endorse any facility listed. Inclusion or exclusion is NOT an indication of approval or disapproval.

What is In-Home Respite Care?

In-Home Respite Care is a term for personal services brought into the home for the purpose of providing caregivers with some time off, or a respite, from their caregiving responsibilities.

Who provides In-Home Respite Care?

In-Home Respite Care services are provided by Home Health Agencies, Home Care Agencies, Registries and Employment Agencies.

What services are provided?

Home Health Agencies provide skilled care services provided by medical professionals. Home Health Agencies, Home Care Agencies, Registries and Employment Agencies provide personal care and homemaker services such as housekeeping, cooking, shopping, assistance with bathing, dressing and other daily activities.

For more information on this directory contact:

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Voice Mail: (708) 802-0697

Web Site: www.lwvoprf.org

Finding In-Home Respite Care: A place to start

The following list of In-Home Respite Care providers has been compiled by the Senior Services Committee of the Oak Park and River Forest League of Women Voters as a place to start your search for in-home respite care. Many of the agencies listed are located within the Oak Park and River Forest area.

Other available resources include:

- .Access to Benefits Coalition www.accesstobenefits.org
- .Age Options (708) 383-0258 www.ageoptions.org
- .Benefits Check Up www.benefitscheckup.org
- .Oak Park Township Senior Services (708) 383-8060 www.oakparktownship.org
- . National Council on Aging: www.ncoa.org
- . Eldercare Locator: Information about eldercare services throughout the U.S. 1-800-677-1116 www.eldercare.gov

Home Health Agencies

Provide skilled care, personal care and often homemaker services

- . A-Abiding Care, Inc. www.aabidingcare.com (847) 698-1400
- . Alpha Home Health Care (630) 922-5742
- . Gentiva Health Services www.gentiva.com (708) 848-0962
- . Healthtrends, Ltd. (847) 803-0774
- . Independence Plus, Inc. www.independenceplus.com (708) 366-4500
- . Interim Healthcare www.interimhealthcare.com/oakpark (708) 383-7320
- . Resurrection Health Care Home Health Services www.reshealth.org (708) 383-4663
- . Maxim Healthcare Services www.maximhealthcare.com (708) 386-9239
- . MacNeal HomeCare www.macneal.com (708) 447-3555
- . Patient Care at Rush Oak Park www.roph.org/services (708) 660-6300
- . Covenant Methodist Senior Services www.cmsschicago.org (773) 769-5500

Home Care Agencies

Provide personal care and homemaker services

- The British Home Community Staying at Home Program
www.thebritishhome.org (708) 485-1155
- ComForcare Senior Services www.comforcare.com (708) 588-1120
- Home Instead Senior Care www.homeinstead.com (708) 524-9814
- Homeward Bound, Inc. (773) 777-2273
- Polonia Home Care Center (773) 777-1121
- Visiting Angels (888) 287-1500

Registries/Employment Agencies

Provide personal care and homemaker services

- All Care Agency www.all-care.com (773) 736-7900
- All Better Care, Inc. (773) 267-3900
- Almost Angels, Inc. (773) 777-8777
- The Emily Agency www.theemilyagency.com (708) 671-9565
- Welcome Home Care Employment Agency www.welcomehomecareagency.com
(708) 410-2008